

**AVAILABLE DAILY
AT THE CENTER**

- **WALKING:** In climate-controlled banquet room, twenty-five (25) laps equal a mile. Monday - Friday from 8 a.m. until 3:45p.m. **Unless there is a scheduled activity.**



- **OUTSIDE WALKING TRAIL:** Each lap equals 1/3 mile. Exercise and enjoy the beautiful Fall scenery.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables are available Monday, Tuesday, Thursday & Friday from 8:00 a.m. to 3:45 p.m. and Wednesdays from 1 to 3:45 p.m.



- **CORN HOLE:** You can try your luck at Corn Hole games in the lower level Monday thru Friday from 8:00 a.m. to 3:45 p.m. Check with staff on the availability of the room when you come in.

**RAINBOW MESSENGER
November, 2014**

- **COMPUTER LAB:** The computer lab is available for your personal use daily. **FREE** computer assistance is available every **Wednesday from 9-10:30 a.m.** Ryan is here to assist you and answer your questions regarding computers. We also have wireless internet if you have questions about your laptop.



REGULAR SCHEDULED ACTIVITIES

- **TLC CLASS (Tender Loving Crafts)** Betty Hoffman craft coordinator and the other crafters would love for you to join the T.L.C. craft class that meets every Tuesday morning from 10 to 12. Come in and see the well equipped arts & crafts room. The small studio fee is \$3.00 per session and class participants may purchase project supplies at 50% off cost. Class is fun and educational and a super way to meet new friends.



November 4th - Museum - Decorate Tree
November 11th - No Class, Veterans' Day
November 18th - Ceramic Christmas Items
November 25th - Thanksgiving

- **SINGING SENIORS:** Meet Friday mornings at 10 a.m. at The Habig Center. They will be singing at **Northwood Retirement Community at 10 a.m. on Friday, November 21st and at The Dubois County Museum on Sunday, November 30th at 1:00 p.m.**



- **BINGO:** Will be played at 12 p.m. Tuesdays, November 18th & 25th.

****Change in dates due to Election & Veterans' Day.** We ask you to keep bills to \$5 and under. Cost is \$1.00 per card to play all 50 games and \$.25 to play in the two special games. Someone will be in the Banquet Room to collect money beginning at 11:30 a.m. *****You may want to bring a sweater or jacket, it sometimes gets cool.**

BINGO									
7	25	44	57	62					
15	22	40	50	70					
11	30			46	74				
2	28	37	55	68					
10	27	39	59	75					

- **BLOOD PRESSURE CHECKS:** Will be available in the Banquet Room starting at **11:15 a.m. on Tuesdays, November 18th & 25th.**



- **EXERCISE CLASS:** Is held every **Monday and Thursday morning at 9 a.m.** in the Banquet Room. The exercises are designed to help keep your joints limber. Start your day off with some fun and get health benefits too!



- **WALK FIT VIDEO:** Come in at **9:45 a.m. on Monday & Thursday mornings** for a group fitness walk video. It is a great way to get your heart pumping and you go at your own pace! A staff member is with the group and will help guide you through the video.

CARD TOURNEYS



- **Thursday, November 6th**
Cinch Tourney
- **Thursday, November 13th**
Rum Tourney
- **Thursday, November 20th**
Sheephead Tourney

Tourneys begin at 12:30 p.m. Entry fee is \$1.00 and prizes are awarded to 1st, 2nd & 3rd place. **Please sign-up by 10:00 a.m.** the morning of the Tourney you are playing in.

- **TEXAS HOLDEM:** Will be played **Monday, November 3rd at 12:30 p.m.** There is a \$1.00 charge for the chips and the winner receives a cash prize. **Reservations are due by 10 a.m.** the day of the game.

- **DOMINOES:** The Mexican Train version will be played at **12:30 p.m. Tuesday, November 4th and Monday the 24th.** It's a fun game that is easy to learn. Everyone is welcome! We play a quarter a game with the low score winning. **Please call in by 10 a.m. if you are coming in to play.**



- **PAY-ME:** A game similar to Rum but played with 3 decks of cards including the jokers will be played **at 12:30 p.m. Monday, November 10th, and Friday the 21st.** Bring your change, we play for 10¢ a round and 25¢ a game. **Please let us know by 10 a.m. if you are coming in to play.**

RAINBOW MESSENGER

- **TRIOLEY:** Bring your pen-nies to play Tripoley at **12:30 p.m. Friday, November 7th** We have a lot of fun! **Please call in by 10 a.m. game day** if you would like to play.
- **SCRABBLE:** How about a little challenge? Come in and play Scrabble at **12:30 p.m. Tuesday, November 4th. Please sign-up by 10 a.m. game day** if you plan to attend.
- **PHASE-10:** Will be played at 12:30 p.m. **Wednesday, November 5th.** It is a fun easy card game. We play for a quarter a game. **Please call in by 10:00 a.m. the day of the game** if you would like to play.
- **HEARTS:** Is a fun group game we will play at **12:30 p.m. Friday, November 14th & Wednesday the 26th.** We play a quarter a game with low score winning. **Call in by 10 a.m.** if you will be able to come in to play.



SPECIAL ACTIVITIES

- **BOOK CLUB:** Will meet **Thursday, November 13th at 12:30 p.m.** to discuss, **"Murder in the Mystery Suite" by Ellery Adams.** The December book is **"Sycamore Row", by John Grisham.** In this book he takes you back to the same setting as "A Time to Kill. Read this thriller and come in for the discussion. New readers are always welcome!



BOOMERAMA: **Monday, November 17th at 12 p.m.** Amy Gehlhausen with QualiCare Home Health will be giving a free presentation. There is a \$5.00 charge to cover the cost of the optional lunch. Reservations are due by 3 p.m. Friday November 14th



- **LUNCH BUNCH:** Will meet at Shamrock Restaurant in Ireland at **11 a.m. on Friday, November 14th.** They offer an "Ole Fish" plate lunch, sandwiches, chicken livers and gizzards just to name a few. We always go "dutch treat". Come enjoy the good food, visit with old friends and make new ones! **Please RSVP by 3 p.m. Friday, November 7th.**



- **CATERED MEAL:** This month **Meyer Catering** will be fixing a breakfast meal for our **12:00 lunch on Wednesday, November 12th.** The menu will be: biscuits & gravy, german fries, scrambled eggs, bacon, sausage, de-caaffeinated coffee and orange juice. **Cost of the meal will be \$6.75 and reservations are due to the Center by 3 p.m. Thursday, November 6th.**



- **Wii GAMES:** The Center has a Wii game hooked up to the large screen T.V. in the lower level of the facility. Golf, Tennis, Bowling, Boxing and Baseball are available for you to play. For an aerobic workout we have Zumba & Just Dance programs.



- **PUZZLES:** We have one on the table in the computer room for anyone who would like to help. Put a few pieces together in passing or sit for awhile.



- **MAH JONGG:** Originated in China & is played with tiles similar to dominoes. The object of the game is to place tiles into combinations that make a "hand". Its concept is similar to Gin Rummy. Games are played on **Wednesdays at 12:30 p.m. and Fridays at 8:30 a.m. (If you can play on Wednesday please call in by 10 a.m. to let us know)** New players are always welcome.

Write Your Life Story

Martha Rasche will conduct a class for The Older American Center if there is interest. She has held the class at Brookside and St. Charles and it has been well received. It is a 1 hour class for 9 weeks at a cost of \$80.00 per person. All supplies and instruction is included and the end result is your life story. **Call the Center by November 26th to sign-up. Class will begin in early 2015.**



Notice: Location change for pickups in Ferdinand. Buses will pickup at Wendy's; please park in back of restaurant.

NOVEMBER

Tropicana Trip

Wednesday, November 19th. leave the Armory at 8:45 a.m. and pick-up in Huntingburg at 9 a.m. Bring a valid government issued picture I.D with you on the trip.



DECEMBER

Mega Cavern Trip

Is scheduled for **Wednesday, December 10th.** The bus will leave the **Jasper Armory at 2 p.m. and pickup in Huntingburg and Ferdinand.**

The **cost of the trip is \$37.00** plus your meal. **Money is due by 3 p.m. Monday, November 3rd.**



Derby Dinner Theater

"Wonderful Life 2014"

Thursday, December 18th.

The play is a classic by Frank Capra showing the exceptional lives in ordinary people and the goodness in all mankind. **Cost of the trip is \$64.00** Sign-ups start by phone at **7:30 a.m. on Wednesday, November 5th.** Each caller may sign up 4 seniors per call. **Money is due by 3 p.m. Tuesday, November 18th.** 2 buses will leave the Jasper Armory at **9:30 a.m. on the 18th** picking up in Huntingburg and Ferdinand if requested.



Annual Christmas Party



You are invited to the Center's Christmas party Friday, December 5th. We will begin with a meal at **Noon catered by Sanders.** Our menu is: Roasted turkey with gravy or smoked pork loin with cinnamon apples, mashed potatoes, dressing, green beans, cranberry salad, 7-layered salad, dinner rolls, apple or cherry crisp, decaf coffee or iced tea. Entertainment will be by the Singing Seniors and we will have prizes to give out as well. You cost for the meal is **\$12.00** Be sure to get your **reservation and money into the Center by Thursday, November 20th.**



BIRTHDAY & ANNIVERSARY: If you would like your birthday and/or anniversary to appear in the Newsletter, please let the staff know the month and day.

- **BOOK SHELF:** Thanks to the generosity of so many, we have a great selection of books for you to borrow. They are located on the 2 bookshelves in the computer room.



- **SUNDAYS:** The Center is open from 1:00 to 4:00 p.m. for your enjoyment. We appreciate the volunteers who make this possible. If you would like to volunteer to open The Center on Sundays, call and we will add you to the list.

CENTER CLOSINGS

The Oder American Center will be closed on the following dates:

Tuesday November 11th
in observance of
Veterans' Day

**Thursday November 27th &
Friday the 28th in**
observance of
Thanksgiving



RAINBOW MESSENGER

HAPPY BIRTHDAY

NOVEMBER



4th	Virgil Messmer Angie Ebert
5th	Mary Moeller
6th	LaVerne Schitter
7th	Susie Durcholz
9th	Lena Seitz
10th	Lucille Garland
12th	Bobby Sue Borrell Dan Schitter
14th	Vi Buechlein Betty Schaefer
15th	Cletus Knies Leroy Welp Susie Alley
18th	Norbert Schroeder
24th	Gene Kempf

Anniversaries



NOVEMBER

3rd	Cathy & Dennis Buechlein
22nd	Susie & Randy Durcholz
23rd	Patty & Denny Beck
27th	Mikki & Bob Stemle
28th	Betty & Gene Kempf

Recipe Exchange



Green Tomato Pie

Ingredients:

2 pie crusts
4 Cups of peeled & sliced green tomatoes.
(for easier peeling dip tomatoes in boiling water)
1¼ cups of sugar
½ teaspoon of cinnamon
½ teaspoon of nutmeg
Pinch of salt
5 tablespoons of flour
4 teaspoons of lemon juice
Mix ingredients and place in pie shell, dot with 1 tablespoon butter, place top shell on pie, sprinkle with sugar and bake in a 425° oven for 10 minutes then lower oven temperature to 375° and bake until golden brown about 45 minutes.

Submitted by: Sylvia Borrell

Have a good recipe to share? We would be happy to publish it.